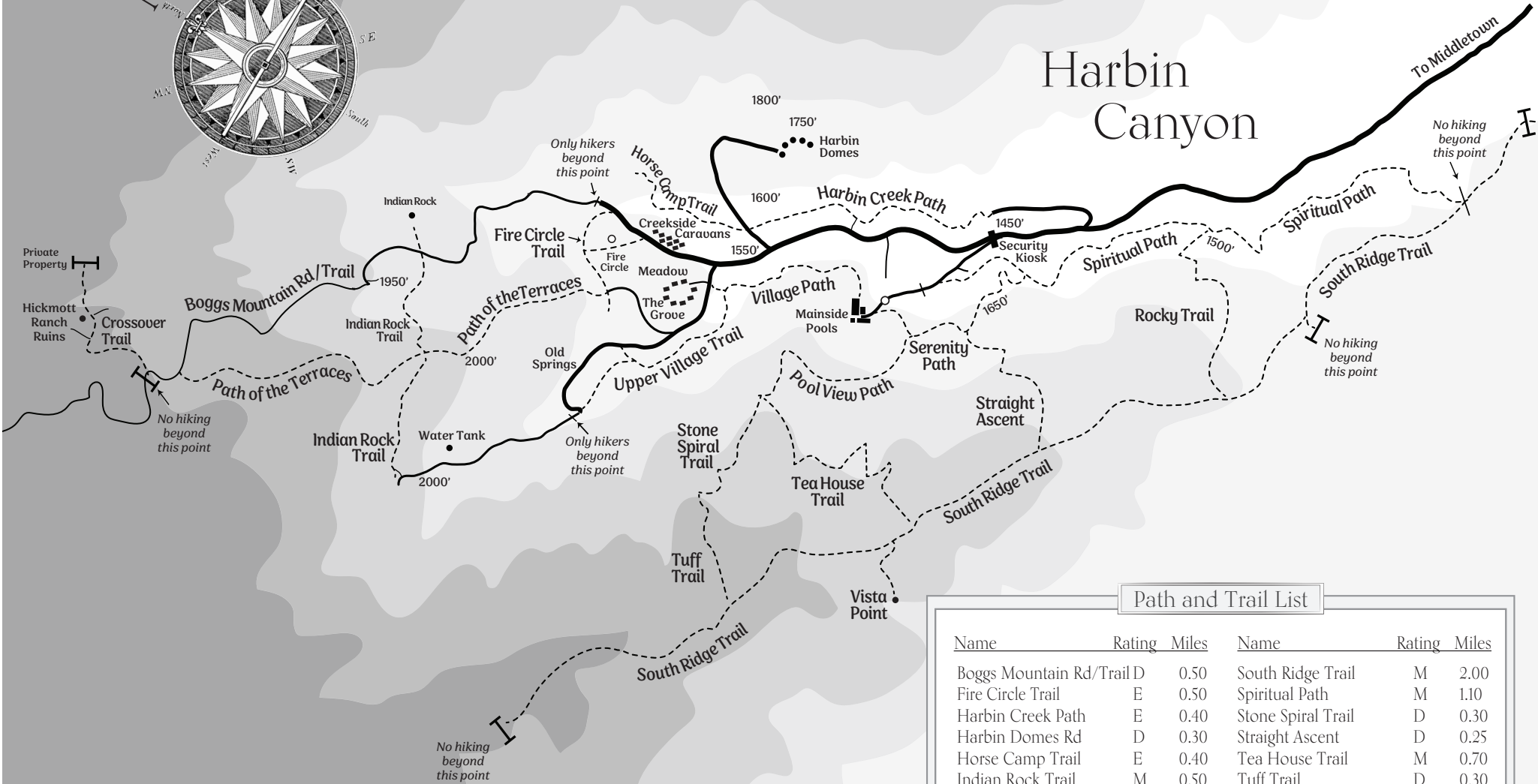


Harbin Canyon



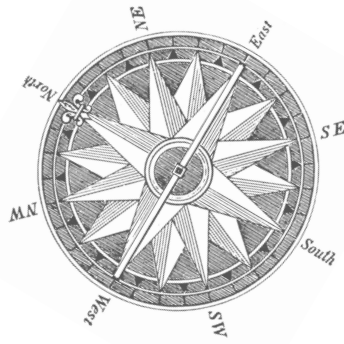
Path and Trail List

Name	Rating	Miles	Name	Rating	Miles
Boggs Mountain Rd/Trail	D	0.50	South Ridge Trail	M	2.00
Fire Circle Trail	E	0.50	Spiritual Path	M	1.10
Harbin Creek Path	E	0.40	Stone Spiral Trail	D	0.30
Harbin Domes Rd	D	0.30	Straight Ascent	D	0.25
Horse Camp Trail	E	0.40	Tea House Trail	M	0.70
Indian Rock Trail	M	0.50	Tuff Trail	D	0.30
Path of the Terraces	M	1.00	Upper Village Trail	E	0.50
Rocky Trail	D	0.35	Village Path	E	0.60
Serenity Path	E	0.25			

— Road - - - - - Trail ⊥ Gate ⊙ No hiking beyond this point
 E = Easy M = Moderate D = Difficult



All distances are approximate. Map scale is approximate.



Harbin Hot Springs trail guide

Harbin's boundaries encompass more than 1700 acres of undeveloped nature. The roads and trails on our property range from leisurely fifteen minute strolls to strenuous hikes of many hours. This Trail Guide is provided only as a general guide to our property and many of the trails indicated are rugged and may not be clearly marked. Hiking is done at your own risk, so please use caution and common sense. On the other side is a Property Map of all the Paths and Trails with a list of hikes by rating and mileage. Maps are not exactly to scale, use good judgement. The Paths and Trails are rated Easy, Moderate, Difficult, based on elevation change, distance and footing. Names ending with 'Path' are Easy; while names ending with 'Trail' are Moderate and Difficult. If you encounter a trail during your hike that indicates it is not for use or is closed or that work is being performed, please don't use it. If you encounter or hear nearby heavy machinery or chain-saws please turn back the way you came immediately, do not investigate. Forestry treatment areas are dangerous and no place for hikers!

FOR YOUR SAFETY

- Begin your hike earlier in the day to avoid the mid-day heat & to make sure that you can return before dark.
- Carry water, electrolytes and a snack for longer hikes.
- A hat, sunscreen & flashlight are recommended. Wear sturdy shoes and socks for Moderate or Difficult Trails.
- Dress warmly on cold and damp days to guard against hypothermia.
- Respect our neighbors and residents by staying on the trails and obeying 'Private' signs.
- Communicate your hiking plans & expected time of return to a friend or the Reception Office.
- For emergency use, carry a cell phone.
- Stay far away from all forestry treatment areas.
- Poison oak is green or red and is shiny.
- Ticks can be tiny and are prevalent in Spring. Keep well covered throughout the year.

CAUTION!



Poison Oak

Its powerful oil penetrates the pores of skin and develops hosts of tiny itching blisters, followed by a burning swelling (anywhere from 12 to 20 hours later) that can last for up to 2 weeks. Stay on trails, and wash thoroughly with a non-oily soap after a walk. If contacted, wash the area with mud or dry earth immediately. Soda solutions, alkaline lotions, epsom salts and non-oily soaps may be helpful. Avoid using the pools.



Mountain Lions

Mountain lions are important members of the natural community and may be found in this area. Lions typically live alone and hunt between dusk and dawn.

Adult lions are generally wary of people and try to avoid contact. In the rare case of an encounter:

- Face lion, back away slowly, do not run.
- Appear 'large', raise arms, open jacket, shout.
- Keep children close, pick up children without bending.
- If attacked fight back.



Ticks

Adult ticks climb to the tips of vegetation and wait for a host to brush against them. Protect yourself by tucking pants into boots or socks, and shirt into pants. Wear light-colored clothing (to spot ticks easily) and check yourself often. To remove ticks, grasp firmly with tweezers or a tissue, as close to the skin as possible, and pull gently straight out without twisting or squeezing. Disinfect the bitten area and wash hands.



Rattlesnakes

Rattlesnakes may be found in this area and are active throughout the year. They are important members of the natural community, as they help keep rodent and other small animal populations under control.

Rattlesnakes are not aggressive, but will strike to defend themselves if disturbed. Rattle Snake bites must be treated immediately. Sit quietly with little movement, call the emergency number and send your hiking partner for help.



Black Widows

The female black widow is normally shiny black, with a red hourglass marking on the underside of the abdomen. The body of an adult female is about 1/2 inch long. The black

widow is commonly found in woodpiles, under stones, in hollow stumps, and in rodent burrows, and in dark corners of bathroom, and sheds. Black Widow spiders build loose and irregular mesh-type webs. They do not produce the symmetrical web typical of orb weaving spiders.